



INTEGRATIVE MEDICINE GRAND ROUNDS

TUESDAY, MAY 3, 2016

FOLLOWED BY COFFEE HOUR FROM 9-10AM

CLINICAL CASE PRESENTATION:

"CALMARE THERAPY— AN INNOVATIVE PAIN TREATMENT: WHAT IS IT?"

PRESENTED BY: BOSTON CHILDREN'S HOSPITAL



Co-Presenter

Ezra Cohen, MD
Rheumatology Fellow
Boston Children's Hospital



Discussant

Yvonne Lee, MD, MMSc
Director of Pain Research,
Division of Rheumatology,
Brigham and Women's
Hospital; Assistant
Professor of Medicine,
Harvard Medical School



Co-Presenter

Darshan Mehta, MD, MPH
Medical Director,
Benson Henry Institute,
MGH; Associate Director of
Education, Osher Center
for Integrative Medicine,
Brigham and Women's
Hospital and Harvard
Medical School



Co-Presenter

Helene Langevin, MD
Director, Osher Center
for Integrative
Medicine, Brigham
and Women's
Hospital and Harvard
Medical School



SUMMER 2016 SCHEDULE:

June 7th: Osher Clinical Center for Integrative Medicine

Caitlin Hosmer-Kirby, MS, RD

July 5th: *Cancelled*, in observance of US Independence Day

August 2nd: Dana-Farber Cancer Institute

Patricia Arcari, PhD, RN, AHN-BC

**MONTHLY | FIRST TUESDAY'S
8:00–9:00AM**

Bornstein Family Amphitheater, BWH
45 Francis St., Boston, MA 02115

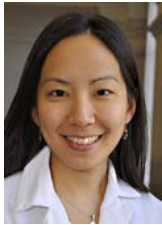
HMS CME CREDITS AVAILABLE

Integrative Medicine Grand Rounds Speaker Biographies



Ezra Cohen, MD – Rheumatology Fellow, Boston Children’s Hospital

Dr. Ezra Cohen is currently a clinical fellow in pediatric rheumatology at Boston Children’s Hospital and is conducting research in CAM treatments, as well as in pain in adults and children with rheumatologic conditions. He has degrees from Harvard College and Harvard Medical School. He is a practitioner of mindfulness meditation and has pursued extensive studies in Buddhism throughout the years. His specific interest in integrative medicine developed during his pediatrics residency.



Yvonne C. Lee, MD, MMSc. – Director of Pain Research, Division of Rheumatology, Brigham and Women’s Hospital; Assistant Professor of Medicine, Harvard Medical School

Dr. Lee received her Doctor of Medicine degree from the University of Michigan Medical School and a Masters in Medical Sciences from Harvard Medical School. She completed her residency in internal medicine at Barnes-Jewish Hospital (Washington University in St. Louis) and her fellowship in rheumatology at Brigham and Women’s Hospital. She is now an Assistant Professor of Medicine at Harvard Medical School. She is also the Director of Pain Research in the Division of Rheumatology at Brigham and Women’s Hospital. Dr. Lee is the Principal Investigator of an NIH-funded study investigating the role of central pain mechanisms in response to disease-modifying anti-rheumatic drugs for rheumatoid arthritis. Her previous studies have shown that individuals with rheumatoid arthritis have heightened sensitivity to pain in a widespread distribution, and the mechanisms regulating this pain sensitivity are associated with sleep disturbances.



Darshan Mehta, MD, MPH – Medical Director, Benson Henry Institute, MGH; Associate Director of Education, Osher Center, Brigham and Women’s Hospital & Harvard Medical School

Dr. Mehta received his BA in Biology from Illinois Wesleyan University and an MD from University of Texas-Southwestern Medical School. He completed his residency in internal medicine at University of Illinois-Chicago Hospital. He completed a clinical research fellowship in complementary and integrative medicine at the Harvard Medical School Osher Research Center, during which he received a Master of Public Health degree from the Harvard School of Public Health.

He is presently the medical director of the Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital, and associate director of education of the Osher Center for Integrative Medicine at Brigham & Women’s Hospital and Harvard Medical School. His educational and research interests include curricular development in complementary and integrative medical therapies, mind/body educational interventions in health professions training, and promotion of professionalism in medical trainees. He directs medical student and resident rotational experiences in integrative medicine for BHI-MGH and the Osher Center for Integrative Medicine. Dr. Mehta sees patients in a consultative role for use of complementary and integrative medical therapies, as well as mind/body interventions for stress management and stress reduction. Dr. Mehta is also an Instructor in Medicine at Harvard Medical School.



Helene Langevin, MD – Director of the Osher Center for Integrative Medicine, Brigham and Women’s Hospital and Harvard Medical School

Dr. Helene Langevin received an MD from McGill University in 1978. She completed a postdoctoral research fellowship in Neurochemistry at the MRC Neurochemical Pharmacology Unit in Cambridge, England. Dr. Langevin completed residency in Internal Medicine and a fellowship in Endocrinology and Metabolism at Johns Hopkins Hospital. She is a Professor of Medicine in Residence and the Director of the Osher Center for Integrative Medicine at Harvard Medical School and Brigham and Women’s Hospital. Additionally, Dr. Langevin is a part-time Professor of Neurology, Orthopedics and Rehabilitation at the University of Vermont, College of Medicine. Dr. Langevin investigates the role of connective tissue in low back pain and the mechanisms of manual and movement-based therapies.

Dr. Langevin was appointed as Director of the Osher Center for Integrative Medicine at Harvard Medical School and Brigham and Women’s Hospital in November 2012.